

Introduction to First Aid

First Aid awareness course



St John

“ Training your employees in First Aid awareness prepares everyone to have the ability to respond in basic First Aid situations.

Introduction to First Aid is an easy-to-use, online course providing a simple in-house solution ideally suited for induction programs to complement accredited First Aid certification. ”



In addition to practical 'hands on'* First Aid training, St John Ambulance Australia provides online courses via our e-learning platform making basic First Aid more accessible to everyone.

The **St John Introduction to First Aid* online course** provides participants with basic First Aid knowledge to manage common injuries in the workplace that may affect staff, visitors, customers or community groups.

The following topics are covered:

- Introduction
- What is First Aid
- The St John Action Plan (DRSABCD)
- Choking
- Fainting
- Wounds and Bleeding
- Burns
- Sprains and Strains
- Final Assessment

This course is ideal for induction programs in your organisation.

To try a free demonstration, go to www.stjohn.org.au/ifa

Features

- Participants develop an understanding of basic First Aid.
- Easily completed within 60 minutes.
- Participants will receive a St John Certificate of Completion once course completed.

Benefits

- Convenient online learning at your premises saving time and money.
- Accessible to a wider group of participants including remote locations at no additional cost.
- Provide First Aid skills to more staff through this innovative online course.

Outcomes

- Manage duty of care by providing a safer working environment.
- Minimise risk to staff, visitors, customers or community groups with greater First Aid awareness.

87% of Australian businesses are not First Aid **READY**.

St John provides easy solutions to make sure you are **First Aid READY** with a wide range of First Aid courses and products available to suit your requirements.

St John can help reduce your risk by being better prepared to respond in a situation where First Aid is required.

For more information or to book a course: Call 1300 360 455



*St John e-learning courses do not include a practical component normally required to build confidence to apply the skills in a First Aid situation. Online learning is not a substitute for higher level First Aid courses providing 'hands on' experience in accredited First Aid training.